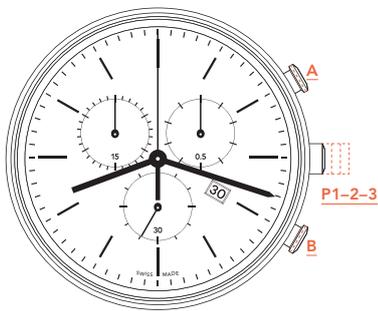


# UNIFORM WARES

M40



## User instructions

### Setting the time and date

1. To change the hour (e.g. because of a change of time zone), adjust the crown (A) from Operating Position 1 (P1) to Set Position 2 (P2) and turn in either direction to display the correct time. This mode allows you to change the hour and date without any loss of minutes or seconds. The date changes each time the hour hand passes midnight.

*Please note: If the date is set between the hours of 9pm and 1am, the date will not change correctly.*

2. To set the time adjust the crown to Set Position 3 (P3). This will stop the second hand. Turn in either direction until the correct minutes are displayed.

3. After setting the correct date and time, push the crown back to Operating Position 1 (P1). The second hand will resume. At the end of each month you may be required to change the date manually.

*Please note: Whilst the crown is in Position 2 (P2) or Position 3 (P3), the watch is not moisture resistant.*

### Chronograph operation

This chronograph watch features traditional watch functions: hours and minutes, jumping seconds sub dial at 6 o'clock (1) and date indicator (2), plus a stopwatch measuring minutes, seconds and 1/10 second.

### The 1/10 second counter

This watch is able to measure time with an accuracy of 1/10 second. The watch's movement is therefore equipped with a small dial (3) indicating 1/10 second. This sub dial uses a line index with a total of 10 subdivisions from '0.0'. 10 times 1/10 second = 1 second.

### The second counter

In the centre of the dial, apart from the hour and minute hand, is another hand called the second counter. This counter indicates the number of seconds in the measuring period. The number of seconds is read on the outer main dial indicated through the mid-line index with a total of 60 divisions. 1 round for the second counter = 1 minute.

### The minute counter

The other small dial (4) shows the number of minutes in the measuring period. Each time the second counter completes one rotation, the counter hand moves one step forward equal to 1 minute. This sub dial uses a line index with a total of 30 divisions. 1 round for the minute counter = 1/2 hour.

### Function: chronograph

All the functions of the chronograph are controlled through the two push buttons: (A) and (B). Push button (A) has two functions: (START) and (STOP). Push button (B) also has two functions: (SPLIT) and (RESET).

When you need to measure a specific event, push button (A) once. You will see the second counter hand in the centre moving forward. The 1/10 second counter hand stays at '0.0', which is correct. A separate component inside the watch movement keeps track of the 1/10 second.

When the timed event is over, you must push button (A) again. The chronograph hands stop and you can read the result. Notice that the 1/10 second counter hand rotates to display this value.

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**Function: reset**

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After you have read the time, the chronograph hands must be returned to the default position. Push button (B) and the hands will return to Position 0, also known as zero position. The chronograph is now ready to time another event.

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**Function: split**

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The movement has another important function called (SPLIT), used for timing intermediate times during an event.

Start the timer by pressing button (A). When you reach the instant you wish to read an intermediate time (without stopping the chronograph and only 'freezing' the time on the dial) push button (B). The 1/10 second counter hand is placed and the second counter hand stops moving. You can now read the (SPLIT) time result whilst the chronograph movement continues to record the event.

When you have finished reading the (SPLIT) time, push button (B). You will notice now that the hands move at a faster rate for a short while until they have caught up with the current timed event. Once this has happened, they will continue to move as normal. You may repeat the (SPLIT) function more than once in one timed event. When the timed event has ended, press button (A) as normal to read the total timed result then return the chronograph hands to the zero position by pressing button (B).

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**Setting the hands of the chronograph**

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After a battery change or if the function is affected by a severe knock or exposure to a strong magnetic field, the hands of the chronograph should be reset to zero position.

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**Resetting the minute counter hand**

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1. Adjust the crown to Set Position 2 (P2).
2. By means of short, successive pushes on the chronograph button (B), turn the minute counter hand back to zero.

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**Resetting the second counter hand and 1/10 second hand**

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1. Adjust the crown to Set Position 3 (P3).
2. By means of short, successive pushes on the chronograph button (A), turn the second counter hand back to zero.
3. Repeat this for the chronograph button (B), turning the 1/10 second counter hand back to zero. Once all chronograph hands are reset to zero position, push the crown back to Operating Position 1 (P1).

*Please note: DO NOT push the crown back to Operating Position 1 (P1) until all chronograph hands have been returned to zero position.*

*Please note: DO NOT keep the crown in Position 2 (P2) for more than 20 minutes.*

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**Watch care**

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Your Uniform Wares watch requires a certain amount of care. The following guidelines will enable you to ensure its reliability and protect its appearance over time.

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**Cleaning**

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Please use a clean, lint-free cloth with warm water or, if required, a mild detergent diluted in water to remove any dirt from the case. To clean the lens use a clean chamois cloth. Avoid submerging the watch case in water.

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**Battery**

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Your watch's power source is a Swiss-made Renata cell which has an estimated lifespan of 51 months. The life of the battery will depend upon the frequency with which you use the chronograph functions. When your battery requires replacing, please refer to the Uniform Wares website [www.uniformwares.com/service](http://www.uniformwares.com/service) for information on battery replacement.

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**Water resistance**

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This watch is designed to withstand everyday use and has a 5ATM water resistance rating. Exposure to high humidity and light rain showers is acceptable. However, you should avoid wearing the watch whilst showering, swimming, diving or during any other activity where it may be subjected to abnormal water pressures or environments where abnormal heat and moisture are present (e.g. saunas or hot tubs). This combination may have a negative effect on the seals and gaskets of the watch.

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**Condensation**

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If your watch experiences a sudden change in temperature or pressure, a slight condensation may appear under the sapphire glass. This mist should disappear by itself and will not affect the functioning of your watch. If the condensation persists, please contact [www.uniformwares.com/service](http://www.uniformwares.com/service).